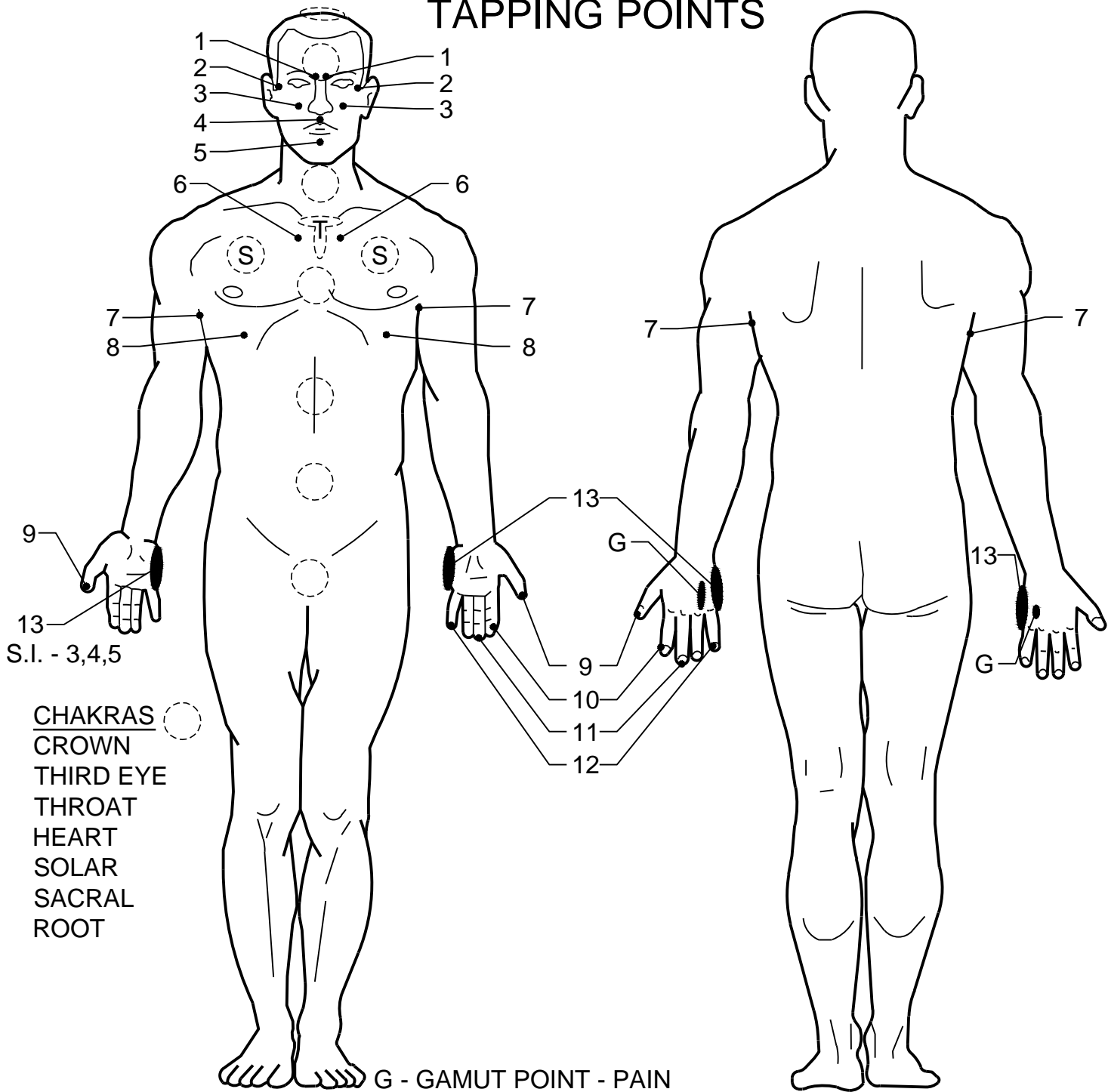


# TAPPING POINTS



S.I. - 3,4,5

- CHAKRAS** ○
- CROWN
  - THIRD EYE
  - THROAT
  - HEART
  - SOLAR
  - SACRAL
  - ROOT

G - GAMUT POINT - PAIN  
 S - SORE SPOTS - MASSIVE REVERSAL  
 T - THYMUS - IMMUNE SYSTEM

**MERIDIANS**

- 1. BLADDER - SADNESS
- 2. GALLBLADDER - RAGE
- 3. STOMACH - FEAR
- 4. GOVERNING - UPPER LIP - EMBARRASSMENT
- 5. CENTRAL - UNDER LIP - SHAME
- 6. KIDNEY 27 - COLLARBONE - TERROR
- 7. SPLEEN - UNDER ARM - VULNERABLE
- 8. LIVER - RIBS - RESENTMENT & OLD ANGER
- 9. LUNG - THUMB - GRIEF
- 10. LARGE INTESTINE - INDEX - GUILT
- 11. PERICARDIUM - MIDDLE - PROTECTION
- 12. CARDIAC - LITTLE - ANGER
- 13. SMALL INTESTINE - "KARATE CHOP" OR "MAGIC SPOT" - PANIC POINT

