

# 'TEIPAT' = TAP ENERGY INTO POINTS - ANNIHILATE TARGETS

TEIPAT TECHNIQUE: GOAL: 'SHOOT MEMORY TUBULES OFF THE CELLS'

TOOLS: 'MASER' - Manually Amplified Stimulation of Electromagnetic Radiation is

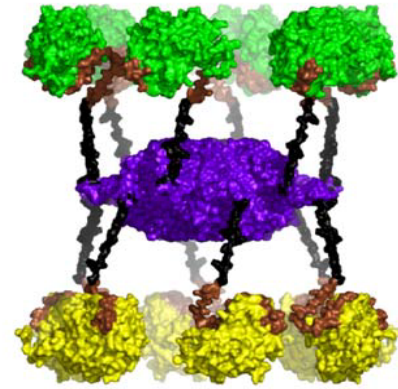
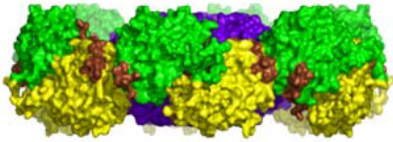
Bi-Manual tapping with first 2 fingers [barrel] of each hand; must load 21 clips into each Maser before each round of 'shooting'. Your rounds are electrons sent into all 26 meridian points.

The ENEMY is all the activated memory microtubules on each cell membrane. This is self treatment.

TWO STEPS: 1] TARGET ACQUISITION: FIRST ACTIVATE THE CELL MEMORY TOWERS

2] SHOOT: WHILE THE TUBULES ARE STANDING UPRIGHT!

3] RELOAD AND SHOOT AGAIN UNTIL TUBULES ARE DESTROYED!



A: RESTING CELL- MEMORY TOWERS HIDING

B- ACTIVATED CELL- TOWERS UP

\*\* TAP WITH TWO HANDS ON BOTH SIDES OF BODY!! [see Tap Chart for all 26 acupoints]\*\*

1] PICK A PROBLEM OR PAIN: REMEMBER EVERY SENSATION FROM THE TIME OF THAT PAIN /PROBLEM. FIX YOUR SIGHT ON IT AND ONLY IT. FOCUS ON IT TOTALLY.

2] RANK THE LEVEL OF DISTRESS 0-10: (10 is the worst) /10. Keep focused! Name the pain.

3] STARTING WITH PANIC POINT-TAP THE PAIN'S NAME INTO BOTH HANDS 5-7 TIMES.  
i.e.: 'WAR IS HELL!'- tapped in seven times- keep focused on your distress-keep those towers up!

4] NEXT TAP 'war is hell'-seven times into the 25 other points--start at your fingers and work up.

5] TAKE 3 DEEP BREATHS. Exhale all the 'bad stuff' from your body. Rank your level of distress after the first tap. Keep focused on your pain/problem.

6] NEXT TAP a POSITIVE phrase into all 26 points 'war is hell, but I AM SAFE'! Replace the pain/fear/rage with sets of POSITIVE ENERGY ROUNDS.

7] REPEAT THE FOCUSED TAPPING AND BREATHING UNTIL YOUR RANKING SCORE COMES DOWN TO 0-2/10. When new sensations come to you, name them and repeat the tapping sequence focused on any new sensations until the ranking is 0-2. DO NOT FORGET TO DEEP BREATH! [When you are done drink at least 2 quarts of water to rinse out those toxic memory protein particles so you don't get a headache or nauseated. Deep tiredness is also part of that "Detox reaction".]

ALWAYS START WITH A SIMPLE 'PROBLEM/PAIN' from the bottom of your list that just 'bugs' you- smoking, traffic rage, pain from a broken bone, or a surgery scar. [When working on bones or scars you MUST tap over the scar/bone and tell yourself the story of what happened to your body including all fear-rage-pain-'thought I was going to die' feelings from that time.] Learn to clear those simple memory scars first. Practice this drill:-tap on some simpler problems every night for a month. Go to EFT's excellent 'tapping practice' site: [www.battlemap.org](http://www.battlemap.org), and use all 26 points not just their nine.

\*DO NOT TARGET YOUR 'WORST PROBLEMS' WITHOUT YOUR BUDDY OR PARTNER WITH YOU TO HELP 'SAVE YOUR LIFE' BY DOING 'RESCUE TAPPING' ON YOUR BODY.

ref: \*\*Cytoskeletal Signaling: Is Memory Encoded in Microtubule Lattices....Craddock & Hameroff, March 2012  
trauma tubules In Action: [www.multimedia.mcb.harvard.edu/media.html](http://www.multimedia.mcb.harvard.edu/media.html) [run: 'inner cell-slow version']  
[https://www.youtube.com/watch?v=8\\_24UyJc-qw](https://www.youtube.com/watch?v=8_24UyJc-qw) at 3 min/8min.